



# Un Mar de Emociones

*Francesc Torralba*



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## **Un Mar de Emociones** Francesc Torralba

Emotions are part of the human condition--what we are, what defines us, what we suffer. Some emotions make life more beautiful, nobler, worthy, but others poison our souls and drown our desire to live and enjoy life. This book is a gift that helps us understand our emotions and consequently feel more alive. Nearly 60 emotions are explored in this part-dictionary, part-encyclopedia of human passions that serves as a ship's log for helping to navigate the ever-changing sea of emotions.



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## **Descargar y leer en línea Un Mar de Emociones Francesc Torralba**

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192 pages

### About the Author

Francesc Torralba is a professor of the history of contemporary philosophy and philosophical anthropology at Ramon Llull University in Barcelona. He was formerly appointed by Pope Benedict XVI as a consultant of the Holy See's Pontifical Council for Culture. He is the author of "El arte de saber escuchar," "Con o sin Dios," "Inteligencia espiritual," "Inteligencia espiritual en los niños," "El sentido de la vida," ""and "Sosegarse en un mundo sin sosiego."

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